



# February 2010 Menu Elementary Schools

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|--|--|---|---|
| <b>1</b><br>Breakfast for Lunch featuring<br><b>French Toast &amp; Sausage or Vegetarian Tacos</b><br><br>Blueberries<br>Fresh Apple Slices<br>Veggie Stix & Dip | <b>2</b><br><b>Chicken Fillet on a Bun or Parmesan Pasta Bake</b><br><br>Orange Smiles<br>Garden Salad<br>Chilled Peas                                     | <b>3</b><br><b>All-Beef Hamburger or Cheeseburger w/Lettuce &amp; Tomato or Cheddar Stuffed Potato</b><br><br>Oven Fries<br>Bananas                | <b>4</b><br><b>BIG DADDY'S Pepperoni Pizza or Cheese Pizza</b><br><br>Sliced Kiwi<br>Romaine Salad  | <b>5</b><br><b>Orange Chicken w/Steamed Rice or Southwest Nachos w/Chunky Salsa</b><br><br>Red Grapes<br>Mandarin Oranges<br>Sliced Cucumbers           |
| <b>8</b><br><b>Turkey Breast Sandwich on Whole Grain Bread or Land O Lakes Mac &amp; Cheese</b><br><br>Fresh Apple Slices<br>Cherry Tomatoes<br>Chilled Peas     | <b>9</b><br><b>Meatball Sub Sandwich or Cheese Dunkers with Marinara Sauce</b><br><br>Sliced Kiwi<br>Baby Carrots  | <b>10</b><br><b>Bar-B-Que Pork on a Bun or Bean &amp; Cheese Burrito (Whole Grain Tortilla)</b><br><br>Orange Smiles<br>Garden Salad<br>Oven Fries | <b>11</b><br><b>Popcorn Chicken w/ Mashed Potatoes &amp; Gravy or Grilled Cheese Sandwich &amp; Tomato Soup</b><br><br>Bananas<br>Veggie Stix & Dip | <b>12</b><br><b>Spaghetti &amp; Meat Sauce or Cheese-Stuffed Bread Sticks w/ Marinara Sauce</b><br><br>Red Grapes<br>Romaine Salad<br>Green Beans       |
| <b>15</b><br><br>NO SCHOOL   | <b>16</b><br><b>Game Day Hot Dog or Breakfast Sandwich w/Egg &amp; Cheese</b><br><br>Fresh Apple Slices<br>Garden Salad<br>Oven Fries<br>Cherrv Cutie Pies | <b>17</b><br><b>Chicken Fillet on a Bun or Southwest Nachos w/Chunky Salsa</b><br><br>Fresh Clementines<br>Romaine Salad                           | <b>18</b><br><b>BIG DADDY'S Pepperoni Pizza or Cheese Pizza</b><br><br>Red Grapes<br>Blueberries<br>Veggie Stix & Dip                               | <b>19</b><br><b>Chicken Fajitas w/Steamed Veggies or All-Beef Hamburger or Cheeseburger w/Lettuce &amp; Tomato</b><br><br>Sliced Kiwi<br>Sliced Peaches |
| <b>22</b><br><b>Chicken Nuggets or Grilled Cheese Sandwich &amp; Tomato Soup</b><br><br>Red Grapes<br>Garden Salad<br>Chilled Peas                               | <b>23</b><br><b>Hot Ham &amp; Cheese Pretzel Bun or Cheese-Stuffed Bread Sticks w/ Marinara Sauce</b><br><br>Bananas<br>Veggie Stix & Dip                  | <b>24</b><br><b>All-Beef Tacos w/Chunky Salsa or Land O Lakes Mac &amp; Cheese</b><br><br>Fresh Apple Slices<br>Sliced Cucumbers<br>Romaine Salad  | <b>25</b><br><b>Egg Roll w/ Chinese-Style Rice or Cheese Dunkers w/Marinara Sauce</b><br><br>Sliced Kiwi<br>Baby Carrots & Cherry Tomatoes          | <b>26</b><br><b>Corn Dog or Bean &amp; Cheese Burrito (Whole Grain Tortilla)</b><br><br>Fresh Clementines<br>Garden Salad<br>Oven Fries                 |

