

Shoo the Flu!



Date

Time

Location

Flu Shot \$26.00

FluMist Nasal Spray \$32.00

High Dose Flu Shot \$53.00
Must be 65 years or older

Vaccines are **free** for DCSD Cigna Members.
Other insurance coverage is described below.

Front Range Flu Shots Policies:

Note: Insurance card must be presented at time of service.

SEASONAL FLU SHOT

- **Age Policy:** Must be **4** years or older to receive a flu shot.
- **Insurance:** No cost for those covered by one of the following insurance plans: Medicare Part B or Railroad Medicare Part B (when your primary insurance plan), Douglas County School District Cigna, Rocky Mountain Health Plans (when your primary insurance plan), or SecureHorizons/UnitedHealthcare Medicare Advantage plans. Additional insurance carriers or networks may be accepted. Please ask the nurse if your insurance or network is accepted.

SEASONAL FluMist NASAL SPRAY. Upon Availability. Must sign up in advance.

- **Age Policy:** FluMist is available to healthy individuals ages **4 - 49** years who are not pregnant.
- **Insurance:** No cost for those covered by Douglas County School District Cigna or Rocky Mountain Health Plans.

FLUZONE HIGH DOSE SHOT. Upon Availability. Must sign up in advance.

- **Age Policy:** Must be **65** years or older to receive a Fluzone High Dose shot.
- **Insurance:** No cost for those covered by Douglas County School District Cigna. Additional insurance carriers or networks may be accepted. Please ask the nurse if your insurance or network is accepted.

H1N1 Update: The 2012–2011 seasonal influenza vaccine will contain the following vaccine virus strains:

- A/California/7/2009 (H1N1) (the pandemic strain that was used in the 2009 H1N1 monovalent vaccine)
- A/Perth/16/2009 (H3N2)
- B/Brisbane/60/2008